

# H.O.P.E. Preschool NEWSLETTER

Microsoft

Volume 3, Issue 3

## School's In Session—our 7th Year.

**H**.O.P.E. Preschool welcomed students on Tuesday, September 7th. New enrollees were excited about their very first day, while some parents had to be comforted as their children said goodbye. Other children were joyous about moving to the "Big Kids room" - Ms. Patsy's or Ms. Norma's classroom. The first couple of days were filled with teachers getting to know the students and vice-versa. While we adjust to each other, we need you to help us and the children. Here are a few tips to make the transition to preschool smooth.

- Make sure your child gets plenty of sleep each night. Start them on a routine for going to bed at a designated time and waking up at a designated time. A regular routine helps the child to know what to expect. While we don't want you to send your child to preschool sick, please have your child in attendance each day the preschool is open.
- Eat a good breakfast each morning. Studies show that children function better in school with regards to attention to lessons and they are less irritable when they have eaten breakfast. We do not provide breakfast.

- Talk to your children about school each day they attend. Discuss what they experienced at school. Feel free to discuss your concerns with their teacher. Working together we can solve any issues facing us.
- Check your child's folder each week. Encourage and praise your child's efforts to complete the work, even if the task is less than "perfect". Set time aside for them to do the "homework" sent home each week. Please return their folder with the completed homework each week.
- Dress your child in appropriate clothes for play. As weather permits, the children do go to the playground. If weather is not so good, we use the gym for play time. Shoes that fit are very important. While flip flops are popular, they are not the best foot apparel for running outside.
- Please label your child's jacket with his full name so we can readily identify your child's belongings.
- If you are bringing your child to preschool, please be present no later than 8:45 am and have them picked up by 11:30. You may bring them as early as 8:20. Any child arriving after 8:45 will not be admitted

We look forward to a wonderful year.

## Helping Hand Corner

As the year progresses, you will receive other communications about field trips and special events held at the preschool. As H.O.P.E. is a free preschool, we are grateful for any donations you would like to provide to us. Here is a short list of items needed.

Healthy Snacks such as:  
Juice, crackers (no peanut products)  
Glue sticks  
Scissors  
Construction paper  
Crayons  
Washable markers  
Pencils  
Tape (scotch)  
Hand sanitizer

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An Open House is planned for the family of all the students of the preschool on Tuesday, **September 21st** from 6:00 p.m. through 7:30 p.m. All parents, grandparents, aunts, uncles, - the entire family is invited to see your child's classroom and meet the teachers and other staff.

# September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7 first day of school	8 class	9 class	10	11
12	13	14 class	15 class	16 class	17	18
19	20	21 class	22 class	23 class	24	25
26	27	28 class	29 class	30 class		



**OPEN HOUSE IS TUESDAY,  
SEPTEMBER 21st FROM 6:00—7:30**

What's coming in September
Count On Me
Fabulous Friends
Animals on the Forest
A B C
1 2 3
Red
Introduce Shapes

What's coming in October
Oh Nuts!
Community Helpers
Night Creatures
D E F
4 5 6
Black and Orange
Triangle

What's coming in November
Music and Song
Medieval and Make Believe
Thanksgiving Time
G H I
7 8
Brown
Rectangle

## H.O.P.E. Pre-School (Helping Other Prepare to Excel)

601 Spruce Street  
Conway, AR 72032  
501-358-0054  
501-327-2217 (fax)

*We're on the Web!*  
[Pinestreethopepreschool.com](http://Pinestreethopepreschool.com)

*"Your business tag line here.  
Class Motto—  
Pine Street High School Class of 1948*



*H.O.P.E. Preschool is a 501(c)3 Non-Profit organization whose mission is to challenge students to exceed the kindergarten level of standards by developing skills in the following areas:*

- *Academic*
- *Social*
- *Communication*

*H.O.P.E. encourages students to develop a positive self-concept and identity by using positive praise and reinforcement. H.O.P.E. envisions that all students will not only maintain, but exceed grade levels during their lifelong learning experiences.*

*For more information or to enroll your child, contact Lia Tate at 501-358-0054 or visit our website at [www.pinestreethopepreschool.com](http://www.pinestreethopepreschool.com)*

### Meet the Board

**H.O.P.E. Pre-school is under the direction of the Board of Directors of Pine Street Community Development Inc. H.O.P.E greatly appreciates all the Board does to support the preschool.**



Pine Street Community Development Center Inc. board members pictured from left: Christopher Hervey, Howard Nunn, Reuel Shepherd, John Kelley, Letha Mosley and Carl Harris. SUBMITTED PHOTO

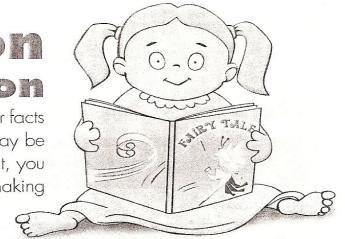
**If you are interested in any of these services under the 501c3 or making a donation, you may contact:**

- **Boy Scouts/Cub Scouts**  
Reuel Shepherd  
327-7865
- **Food Bank**  
Angela McGee  
733-0473
- **Back Pack Program,**  
Leona Walton 697-0930
- **H.O.P.E. Preschool**  
Lia Tate 358-0054



## Vaccination Fact vs. Fiction

In your child's life there will be a time for facts and a time for fiction. Though fiction may be perfect for a bedtime story, as a parent, you need the facts when it comes to making decisions about vaccination.



**Fiction:** Vaccinations don't work.

**Fact:** Vaccines are an effective means of preventing certain infectious diseases. Examples of successful vaccination programs include smallpox, polio, measles, rubella (German measles), pertussis (whooping cough), tetanus, and diphtheria vaccines.

**Fiction:** Vaccines prevent diseases that no longer exist.

**Fact:** If a particular disease exists anywhere in the world, your child could be at risk. Smallpox is the only disease that has been wiped out worldwide. In the case of all other vaccine-preventable diseases, the failure to get vaccinated increases the risk for the diseases for both the individual and society.

**Fiction:** Vaccine side effects are worse than the diseases they prevent.

**Fact:** The Centers for Disease Control and Prevention (CDC) considers vaccination safer than accepting the risk for diseases these vaccines prevent. Most side effects are minor and involve temporary soreness, swelling, and redness at the injection site; however, serious side effects may occur.

Any questions and other concerns you might have should be discussed with your child's health care professional before the vaccine is prescribed.

**Fiction:** Vaccines can cause SIDS.\*

**Fact:** There is no proof that vaccines cause SIDS.

Any questions and other concerns you might have should be discussed with your child's health care professional before the vaccine is prescribed.

**Get the Facts:** Vaccines can help protect children from many serious diseases, including polio, whooping cough, meningitis, blood infection, and measles. Without vaccines, many preventable diseases would still be widespread today, resulting in illness, disability, and even death. Fortunately, the United States has recommendations for routine immunization.

### Sources of Information to Get the Facts:

- National Immunization Program: [www.cdc.gov/nip](http://www.cdc.gov/nip)
- National Network for Immunization Information: [www.immunizationinfo.org](http://www.immunizationinfo.org)
- American Academy of Pediatrics: [www.aap.org](http://www.aap.org)
- American Academy of Family Physicians: [www.aafp.org](http://www.aafp.org)
- Your child's pediatrician or other health care provider. He or she will have the most up-to-date information about vaccines and can make sure your child is caught up.

Vaccines Are the Safest and Most Effective Medicines. You should know about dangerous diseases and the vaccines that can prevent them. It is important that parents understand what protection vaccines give and what risks, if any, vaccines have on their children.

\* In addition to the list to the right, the DHHS has added the Hep A shot at 12 months and 18 yrs. A second Chickenpox shot is also recommended at 4-6 years.

## Immunizations

"Protection You Can Trust"

Hey Mom and Dad...

See the chart below to find out when your child needs to be immunized!

SHOT SCHEDULE	AGE									
	Birth	1 Month	2 Months	4 Months	6 Months	12 Months	15 Months	4 - 6 Years	11 - 12 Years	
Diphtheria/Tetanus/Pertussis (DTaP)										
Polio										
Measles/Mumps/Rubella (MMR)										
Haemophilus Influenzae Type B (Hib)										
Hepatitis B										
Varicella (Chickenpox)										
Pneumococcal Conjugate										
Meningococcal										
Influenza * Yearly after the age of 6 months										

Call 1-800-235-0002 to find out the closest health unit or doctor's office that gives shots.